WATERSTONE FERTILITY CLINIC

IVF REFERRAL GUIDE

All patients are entitled to public HSE-funded treatment if they fit the below criteria. The HSE IVF Scheme is **not** related to the Medical Card Scheme. Patients **must be referred to a HSE fertility hub by their GP** to access the scheme. If patients do not fit the criteria, or wish to avoid delay, they can be referred (or self-refer) for self-funded treatment.

Eligibility Criteria:

- **Residency:** Both Partners must be residents of the Republic of Ireland
- **Age:** Both Partners must be over 18 years of age, and:
  - 40 or under for female partners
  - 59 or under for male partners
- **Relationship:** The couple must be in their relationship for more than 1 year with:
  - No more than **one** living child together
  - Either partner, but not both, may have **one** living child from another relationship (This includes children via adopted/born via surrogacy.)
  - PGT-M and PGT-SR may be partially funded
- **Medical:**
- Female BMI must be between 18.5 - 30
- No history of sterilisation (e.g. vasectomy or tubal ligation)
- Previous Treatment does not exclude unless more than 1 IVF round or they have embryos in storage.
- **Lifestyle:**
  - Female partners must drink no more than 2 standard alcoholic drinks up to twice a week
  - Male partners must drink no more than 10 standard alcoholic drinks a week
  - Neither partner must have smoked or taken recreational drugs for at least 3 months

Ineligible Patients

- Female patients over 41
- Single women
- Same-sex couples
- Egg Donation patients
- Sperm Donation patients
- Over or underweight patients
- Patients with a history of sterilisation

Hub Locations

Cork University Maternity Hospital
Coombe Hospital Dublin
Galway University Hospital
National Maternity Hospital Dublin
Nenagh Hospital, Tipperary
Rotunda Hospital Dublin

Patient Attends GP Practice with Fertility Concern

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Are They Part of a Couple?

Yes ↓

Do they meet HSE Eligibility Criteria?

Yes ↓

Assess age, hormones and other factors.
Is the referral age sensitive?
***Be aware of long waiting times**

Yes ↓

Refer to **both** Hub **and** fertility clinic

No ↓

Refer to appropriate Fertility Hub

No ↓

Refer to Fertility Clinic

No ↓

Refer to Fertility Clinic for Assessment/Treatment Options:

- Fertility Preservation (Egg Freezing)
- Solo Motherhood (using Donor Sperm)

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Early assessment is important so that patients can receive expert advice about their fertility prospects and the urgency of fertility treatment.
Patients should have a hormone profile, AMH test, and semen analysis prior to their first fertility consultation. These tests can be carried out through the HSE hub or a private fertility clinic.

Outpatient Services

Early assessment gives patients information, explores the possibility of less invasive treatments, and guides management.

Outpatient Investigations: Semen Analysis, Hormone blood tests including AMH.

How To Refer To Waterstone Clinic

- E-referral via Healthmail
- Letter
- Patients can self-refer

Our Team



DR JOHN WATERSTONE
MEDICAL DIRECTOR



DR ALEXANDRA TOTH
CONSULTANT



DR ROISIN MORTIMER
CONSULTANT



DR ANA CASTRILLON
CONSULTANT



DR ISRAEL CARMONA
CONSULTANT

Waterstone Clinic: Over 10,000 Babies Born

- Providing fertility care for more than 20 years
- Established scientific excellence
- Clinician-run and Irish-owned
- Private and convenient locations
- ISO and CHKS accreditated
- VHI, Laya and Irish life affiliated
- Partnered with HUMM financial service
- Specialist male fertility services
- Specialised team for PGT-M, PGT-SR & PGT-A
- Egg Freezing programme with proven outcomes
- IVF Clinic of choice for majority of Irish patients
- Advice line for GPs to discuss individual cases 0818 333 310 / 087 653 6883

Our Locations Nationwide

DUBLIN CITY CENTRE
8 Fitzwilliam Street Upp.
Dublin 2

KILDARE
Vista Primary Care
Naas, Kildare

CORK
Lotamore House
Tivoli, Cork

LIMERICK
Park Manor
Mallow St, Limerick

WATERFORD
Maritana Gate
Canada St, Waterford

0818 333 310 | waterstoneclinic.ie | gp@waterstoneclinic.ie