# WATERSTONECLINIC

# IVF REFERRAL GUIDE

#### CENTRES FOR REPRODUCTIVE HEALTHCARE

**All** patients are entitled to public HSE-funded treatment if they fit the below criteria. The HSE IVF Scheme is **not** related to the Medical Card Scheme. Patients **must be referred by their GP** to access the scheme. If patients do not fit the criteria, or have a preference, they can be referred (or self-refer) for self-funded treatment.

# **Eligibility Criteria:**

- **Residency:** Both Partners must be residents of the Republic of Ireland
- Age: Both Partners must be over 18 years of age, and:
  - 40 or under for female partners
  - 59 or under for male partners
- **Relationship:** The couple must be in their relationship for more than 1 year with:
  - No more than **one** living child together
  - Either partner, but not both, may have **one** living child from a previous relationship
  - This includes children via adopted/born via surrogacy.

#### Medical:

- Female BMI must be between 18.5 30
- No history of sterilisation (e.g. vasectomy or tubal ligation)
- Previous Treatment does not exclude unless more than
  1 IVF round or they have embryos in storage.

#### Lifestyle:

- Female partners must drink no more than 2 standard alcoholic drinks up to twice a week
- Male partners must drink no more than 10 standard alcoholic drinks a week
- Neither partner must have smoked or taken recreational drugs for at least 3 months

# **Ineligible Patients**

- Female patients over 41
- Single women
- Same-sex couples
- Egg Donation patients
- Sperm Donation patients
- Secondary Infertility
- Over or underweight patients
- Patients with a history of sterilisation
- Patients with known genetic risk

### **Hub Locations**

Cork University Maternity Hospital Coombe Hospital Dublin Galway University Hospital National Maternity Hospital Dublin Nenagh Hospital, Tipperary Rotunda Hospital Dublin

## **Patient Attends GP Practice with Fertility Concern** Are They Part of a Couple? Do they meet HSE Eligibility Criteria? Refer to Fertility Clinic for Assessment/Treatment Options: Fertility Preservation (Egg Freezing) Solo Motherhood (using Donor Sperm) Assess age, hormones and other factors. Refer to Fertility Clinic Is the referral age sensitive? Yes Early assessment is important so that patients can receive expert advice about their fertility prospects and the urgency of fertility treatment. Refer to appropriate Refer to **both** Hub Patients should have a hormone profile, AMH test, and fertility clinic Fertility Hub and semen analysis prior to assessment.

# **Outpatient Services**

Early assessment gives patients information, explores the possibility of less invasive treatments, and leads to better outcomes.

Outpatient Investigations: Semen Analysis, Hormone blood tests including AMH.

### How To Refer To Waterstone Clinic

# **Our Team**



DR JOHN WATERSTONE MEDICAL DIRECTOR



DR EITHNE LOWE CONSULTANT



DR ALEXANDRA TOTH CONSULTANT



DR EHAB ABU MARAR CONSULTANT



DR DANIEL BODRI CONSULTANT



DR CIARA O'KEEFFE CONSULTANT



DR ANA CASTRILLON CONSULTANT



DR KOMAGAL SELVAKUMAR FERTILITY SPECIALIST

# Waterstone Clinic: Over 10,000 Babies Born

- Established scientific excellence
- Renowned patient care
- Clinician-run and Irish-owned
- Private and convenient locations
- Specialist male fertility services
- Specialised team for PGT-M, PGT-SR & PGT-A
- Egg Freezing programme with proven outcomes
- Advice line for GPs to discuss individual cases 0818 333 310 / 087 653 6883

#### **Our Locations Nationwide**

CORK

**DUBLIN CITY CENTRE** 8 Fitzwilliam Square Upp. Dublin 2

KILDARE Vista Primary Care Naas, Kildare

Lotamore House Tivoli, Cork

LIMERICK Park Manor

WATERFORD Maritana Gate Mallow St, Limerick Canada St, Waterford

0818 333 310 waterstoneclinic.ie gp@waterstoneclinic.ie