



EGG FREEZING

WATERSTONE CLINIC

Personalised Treatment & Excellent Care

At Waterstone Clinic, our Egg Freezing programme is backed by almost twenty years of experience in fertility medicine.

We deliver successful, personalised, cost-effective services to the highest possible standards. Our fertility specialists will be there to support you every step of the way.

Our goal is for you to have your family.

Why Freeze Your Eggs

Many women freeze their eggs to keep their options open until they are ready to have a family. If you do not wish to become pregnant now, but want to protect your ability to have a family in the future, egg freezing offers that possibility.

Freezing eggs in your prime reproductive years gives you a better chance of having a family when you are ready, as the eggs you freeze will be younger and healthier.

WATERSTONE CLINIC

www.waterstoneclinic.ie

Benefits of Having Treatment With Us



Experience

Waterstone Clinic has been at the forefront of reproductive medicine in Ireland since it was founded in 2002.

Advanced Techniques

Waterstone Clinic was the first clinic in Ireland licensed for the most successful method of egg freezing: Open System Vitrification. This system is used widely in Europe and the USA and is known to deliver better success rates.



Personalised Treatment

Care at Waterstone Clinic is personalised and individual to you. Our clinicians provide clear and honest advice, and will only recommend treatments that are in your best interests. We know our patients' needs are unique, and we will support you throughout your journey. Our patient support team are always available to talk through any questions or concerns.



Latest Generation IVF Laboratory

Waterstone Clinic has built the most advanced laboratory of its kind in Ireland, with a highly skilled team of embryologists. We are committed to delivering our service at the highest possible clinical and ethical standards.

Our skills, experience and state-of-the-art facilities give you the best chance possible of creating your family, when you are ready.

Egg freezing is a
way of storing your
unfertilised eggs
to prolong
your fertility



What is the Process?

There are four steps to the process to freeze your eggs, similar to IVF treatment. There is a further step to use your eggs.

Age



Fertility Testing

We can freeze eggs up to age 37.

An AMH blood test & a pelvic ultrasound inform our clinicians about your fertility potential.



Superovulation

We will stimulate your ovaries to produce and mature multiple eggs with hormone injections for 10-12 days.



Egg Retrieval

We retrieve your eggs with a simple 15-min procedure under light sedation in our theatre.



Use



Egg Freezing

When you are ready to start your family, your eggs are thawed, fertilised and transferred as part of an IVF/ICSI fertility treatment.

Your eggs are immediately frozen. They are stored at -196°C and monitored. They can remain frozen for as long you need them to be, up to 10 years.



Our goal is for you to have the family you want, when you are ready

Our Egg Freezing fertility preservation programme is delivered by our highly experienced specialist team. We deliver a personal service to the highest possible standard and have excellent success rates. We are with you every step of the way.

WATERSTONE CLINIC

CORK | DUBLIN | KILDARE | LIMERICK | WATERFORD

advice@waterstoneclinic.ie

0818 33 33 10

www.waterstoneclinic.ie